



Us TOO INTERNATIONAL Prostate Cancer Education and Support Network

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Greetings,

I hope that you're doing well and enjoying the cooler weather with the change of seasons.

In addition to the articles in the [November 2016 issue of the Hot SHEET](#), we thought you'd also be interested in the following information.

**October is Depression Awareness Month** and we're seeking to address the emotional toll that prostate cancer takes on patients, spouses and partners, family members and friends. Please [CLICK HERE to complete a survey](#) from Us TOO and CancerCare to provide data that will help guide the development of new educational materials and resources on anxiety and depression relative to prostate cancer. Responses are anonymous, your email address is not retained in connection to this survey, and it only takes about 10 minutes to complete.

[CLICK HERE to watch videos from the Us TOO Community Conversation on Prostate Cancer](#), which was a featured presentation with Dr. Jason Hafron and Dr. Elisabeth Heath at the Sixth Annual Men's Health Event in Detroit on September 24. The presentation addresses the importance of informed decision making for patients and caregivers specific to testing, active surveillance, treatment options for all phases of prostate cancer, and management of side effects. Videos have been edited to provide concise segments of content organized by topic.

Patients who are receiving immunotherapy and their caregivers are encouraged to **attend the 2016 Immunotherapy Patient & Caregiver Summit in Philadelphia** hosted by Cancer Support Community on November 5 and 6. Lodging and food are provided and participants will be reimbursed for travel costs. [CLICK HERE for details](#).

If you're an Us TOO support group leader, be sure to check out the new content on best practices provided exclusively for you on the [updated Support Group Leader Resources pages](#) on the Us TOO website. If you've not yet received your leader pass code, please contact [terril@ustoo.org](mailto:terril@ustoo.org).

Plan to attend the **ZERO Prostate Cancer Advocacy Summit** in Washington, DC, February 27 to March 1, 2017. [CLICK HERE for pre-registration information](#).

Malecare Cancer Support recently launched **Cancergraph - an iPhone application** that tracks the symptoms of one or more cancers and treatment side effects. It's free and available [to download - CLICK HERE](#).

#### **New Clinical Trials:**

The **PROSPER clinical trial** is for patients with prostate cancer that has

progressed on hormonal therapy but has not spread beyond the prostate. For details, [visit http://www.clinicaltrials.gov/](http://www.clinicaltrials.gov/) (Identifier NCT02003924).

The **EMBARC clinical trial** is for men with a rising PSA after surgery and/or radiation whose prostate cancer has not spread to other parts of the body. For details, [visit http://www.clinicaltrials.gov/](http://www.clinicaltrials.gov/) (Identifier NCT02319837).

The **Us TOO HelpLine response team** is looking for a few more volunteers from the prostate cancer community who are **fluent in Spanish** to help translate or respond to Spanish-speaking callers. If you're interested **please email [ustoo@ustoo.org](mailto:ustoo@ustoo.org) or call 1-800-808-7866.**

Take care and please let us know how we can help you with prostate cancer educational resources and support services.

All the best,

*Chuck & The Us TOO Team*

Chuck Strand, Chief Executive Officer  
Jackie Konieczka, Office Manager  
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Tim Mix, Communications Manager  
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Please help fund the work  
of Us TOO providing  
educational resources  
and support services  
for the prostate cancer  
community at no charge.  
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Thank You!



**Us TOO International Prostate Cancer Education & Support Network**  
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