



## Us TOO International Prostate Cancer Education & Support Network

### **Affected by Prostate Cancer? Us TOO!**

There's not a well-worn path from a prostate cancer diagnosis to any "best" treatment approach for all patients to pursue. Each prostate cancer diagnosis is unique relative to the extent of the disease, likelihood that the disease may advance, and other medical conditions of the patient.

It's important to be informed about managing all aspects of prostate cancer, including: an understanding of medical records and test scores from an initial diagnosis; the potential for active surveillance; treatment options for all phases of prostate cancer from newly diagnosed to advanced; and management of side effects.

That's a lot of educational information to find and comprehend – especially when dealing with everything else that comes with a cancer diagnosis. But there's no reason to "go it alone." Learn from the experience of others in your local community who have "been there and done that" relative to effectively navigating through various stages of treating, curing or managing prostate cancer to achieve the highest quality of life.

### **Attend an Us TOO Prostate Cancer Support Group Meeting / Educational Forum**

**GROUP NAME:**

**MEETING DATE(S):**

**MEETING TIME:**

**MEETING LOCATION:**

**GROUP CONTACT:**

**PHONE:**

**EMAIL:**

Us TOO International is a nonprofit that provides educational resources and support services to the prostate cancer community at no charge. More than 250 volunteer-led support groups/educational forums across the U.S. and abroad help to empower men and their loved ones with the knowledge to make informed decisions about all aspects of prostate cancer.