



Someone to talk to . . .
who understands

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Us TOO is a 501-c-3 charitable organization founded in 1990 by and for Prostate Cancer Survivors, their families and men at risk

February 19, 2010

Dear Us TOO Support Group/Chapter Leaders and Friends,

We are pleased to make the March 2010 *HotSheet* available.

In this edition of the *HotSheet* we have included articles which have received attention on issues of interest, such as:

- disparities found for those being treated the private and public sectors,
- comparative studies of treatment effectiveness;
- diet, sexual activity, exercise;
- prostate cancer and suicide;
- fundraising efforts by Skip Lockwood at Zero;
- an alternative cancer vaccine;
- as well as input and opinions from Drs. Moyad, Myers and Chodak.

We want to bring to your attention an upcoming education opportunity. CancerCare is conducting a free Connect Workshop titled “Caring for Your Bones When You Have Prostate Cancer” on Thursday March 25th at 1:30 PM Eastern time.

You can listen to this workshop over the telephone or online and register with their registration form, by telephone at 800-813-4673 or online at www.cancercare.org/connect. Us TOO, with many other organizations, proudly supports and spreads the word on CancerCare’s sessions... this one looks very good to us.

Save the date for the Us TOO 20th Anniversary symposium in Chicago planned for August 20-21, 2010. We are making plans and inviting speakers now and over the next few weeks.

Thanks for what you are doing out there to support and help others, this meeting will be a good chance for you to meet others and share good ideas and learn. Look for more information in the weeks and months ahead.

Sincerely,

Thomas N. Kirk
President and CEO

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