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Dear Friend,

We hope that you're doing well and staying warm as we approach February with the [current issue of the Hot SHEET!](#)

I recently attended the 2016 Genitourinary Cancers Symposium. The following articles summarize content presented that was specific to prostate cancer:

* [The Evolving Role of Chemotherapy in Prostate Cancer: Timing May Be the Key](#)

* [RTOG 9601 Supports Adding HT to RT for Salvage Therapy Following Radical Prostatectomy](#)

* [We Want PEACE: Introducing the Prostate Cancer Consortium in Europe](#)

Men diagnosed with low-grade prostate cancer are encouraged to participate in "The Dashboard Study for Prostate Cancer," a project to design, test and implement an interactive, multi-media decision aid as an electronic clinical decision dashboard to improve the quality of clinical decision making for the initial treatment of patients with low-risk prostate cancer. The study is being conducted by the Clinical Research Center of the University of Rochester Clinical and Translational Science Institute for a special interest project sponsored by the [Centers for Disease Control](#). [CLICK HERE](#) for more information.



We recently received a call from Gena Howald to tell us about a journey she's making to honor the memory of her father, who passed away from prostate cancer last summer. To live the dream she shared with her father but was never able to fulfill with him, she's [traveling to Alaska in May to canoe the Yukon River](#) to raise money and awareness for prostate cancer. Learn more about her adventure and support her journey with a donation at <http://www.ustooevents.org/site/R?i=FJYp00ZT-7VbZIkI3WVxDA> and visit the Facebook page: <https://www.facebook.com/piratesoftheyukon/>.

"I go now to the Yukon for my father, and to fulfill his dream. And for

all the men, like my father, whose lives have been reduced to a struggle for survival. I go in the hope that you will join me in my 2,000 mile journey by donating to fund prostate cancer research, awareness and education to help combat a disease that takes the lives of too many men.” Gena Howald

If you have a car you're looking to donate please remember Us TOO! We're currently finalizing the details on an agreement with Vehicles for Charities to provide an easy option for donating a car to benefit Us TOO regardless of the condition of the vehicle – even if it doesn't run. Watch for more information coming soon; or please contact the Us TOO home office at 630-795-1002 if you have an immediate interest in donating your car.



We've got a very exciting and busy year ahead to address new challenges and maximize opportunities to deliver on the Us TOO mission and provide educational resources and support services to the prostate cancer community at no charge. Take care and let us know how we can help empower you with knowledge and support.

Best regards,

 and the staff

Thomas Kirk, President & CEO
Jackie Konieczka, Office Manager
Terri Likowski, Chapter/Support Group Services Program Manager
Chuck Strand, Director of Marketing & Communications
Amy Woods, Director of Development & Fundraising



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