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Us TOO is a 501-c-3 charitable organization founded in 1990 by and for Prostate Cancer Survivors, their families and men at risk



Someone to talk to . . .  
*who understands*

September 25, 2009

Dear Us TOO Support Group/Chapter Leaders and Friends,

Well, *Prostate Cancer Awareness Month* is nearly over and I hope you share your experiences with us so we in turn may let others know what you have done out there in your communities. There is much to be proud of and it provides inspiration and motivation for others. October is Breast Cancer Awareness Month and as we see all of the pink, we will be reminded of how much more we can do next year to raise the awareness of blue and prostate cancer. Please share your stories with us for the next *Chapter News!*

It has been an active month on many fronts and I have heard many positive comments on Wednesday night's Us TOO University webinar/teleconference "*Estrogen Deficiency Side Effects Due to Androgen Deprivation Therapy*", look for the session recording on the Us TOO website at [www.ustoo.org](http://www.ustoo.org).

I have also seen first hand the great work volunteers did in Columbus as well as Chicago and I just returned last night from Washington, DC where I, and many others, visited our elected officials' offices to ask them to support prostate cancer issues. I saw how the health care debate continues...please share your thoughts with your elected officials and please tell them not to forget prostate cancer.

I want to publically thank all of the volunteers who have made *Pints for Prostates* events happen and especially those that made the September 13<sup>th</sup> *Chicago SEA Blue Prostate Cancer Walk* such a successful event. We had nearly 1,000 people out on a great day and over 100 people took the opportunity to use the free PSA screening van. You can look at pictures on the Us TOO website and please help us by contributing. *Donations will be accepted and fundraising prizes can still be earned up to October 31<sup>st</sup>!!*

*Prostate Cancer Awareness Month* and the events are not over yet, so I hope you enjoy the opportunities and spread the word about our worthy and important cause. I am, of course, pleased to say we are able once again to send the October 2009 *HotSheet*.

Enjoy the read and I know you will keep up the good work out there!

Sincerely,

Thomas N. Kirk, President and CEO

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